



DISCIPLINE SHEET

1.-Info about the program

FOUNDATION FOR DEVELOPMENT AND MANAGEMENT		
1.2-Faculty	FACULTY OF MEDICINE	
1.3-Departament	Clinical/Complementary Discipline	
1.4-Study domain	Health	
1.5-Study cycle	Bachelor	
1.6-Study program/ Calification	Medicine-English	

2.-Info about discipline

2.1- Name of the discipline				MEDICAL COMMUNICATION				
2.2-Course lecturer				Lect. Dr. DALAS Ecaterina , MD, PhD				
2.3-Seminary lecturer				Lect. Dr. DALAS Ecaterina , MD, PhD				
2.4-Year of study	II	2.5 Semester	I	2.6 Evaluation type	Exam	2.7. Discipline regime	Content	DC
							Mandatory	DOB

3. -Total time (hours of didactic activity per semester)

3.1-Number of hours per week	4	3.2 -course	2	3.3- laboratory	2
3.4-Total hours of the curriculum	56	3.5 -course	28	3.6 -laboratory	28
Distribution of time					11 hours
Study after manual, course support, bibliography and notes					10
Additional documentatin in the library, on the specialized electronic platforms and on the field					5
Training seminars/laboratories/projects, themes, papers,portofolios and essays					2
Tutoring					1
Examination					1
Other activities					-
3.7-Individual study hours	19				
3.8-Total hours per semester	75				
3.9-Credit number	3				

4.-Preconditions (if applicable)

4.1.-Curriculum	Concepts of medical psychology and sociology
4.2.-Learning Outcomes	It's not necessary



5.-Conditions (where applicable)

5.1. -Course Conduct	-Projector
5.2.-conducting the seminar/laboratory	-

6. Learning outcomes

Knowledge	Describes, explains and identifies roles and responsibilities, communication and relationship techniques, in the real and virtual environment, within the professional team and in interaction with the patient and family, adapted to various categories: age, disabilities, etc.
Skills	Demonstrates and implements patient-centered communication methods and techniques correctly, appropriately, and effectively, to encourage active patient involvement and establish trusting relationships.
Responsibilities and autonomy	Proiectează, planifică și aplică strategii de comunicare și relaționare în cadrul echipei profesionale, precum și în interacțiunea cu pacientul și familia acestuia, asumând un rol activ în educația medicală a acestora.

7.-Objectives of the discipline (resulting from the grid of specific skills accumulated)

7.1 -General objective of the discipline	Reducing communication barriers related to age
7.2- Specific objectives	Communication efficiency with the patient, the owners and the medical team.

8.-Contents

8. 1-Course (homework, number of hours, bibliography)	hours / week	Teaching methods
1.-Introduction to Medical Communication ▪Definition and importance in clinical practice; health communication models	2	Active and Interactive Video Projection



2.-Patient Communication: Fundamental Principles ▪Empathy, active listening, and respect; building a trusting relationship.	2	Active and Interactive Video Projection
3.-Communication in Crisis Situations ▪Delivering bad news; addressing patients in critical conditions.	2	Active and Interactive Video Projection
4.-Interprofessional Communication ▪Collaboration between physicians, nurses, and other healthcare professionals; role of multidisciplinary teams.	2	Active and Interactive Video Projection
5.-Communication Within the Medical Team ▪Defining team member roles; strategies for effective group communication.	2	Active and Interactive Video Projection
6.-Communication in Health Education ▪Promoting healthy behavior; tailoring messages to different target populations.	2	Active and Interactive Video Projection
7.-Communication in Medical Research ▪Presenting scientific results; writing and disseminating research findings.	2	Active and Interactive Video Projection
8.-Digital Communication in Healthcare ▪Using digital platforms for education and telemedicine; ethics and confidentiality online.	2	Active and Interactive Video Projection
9.-Cross-Cultural Communication in Medicine ▪Understanding patients' cultural diversity; adapting messages to cultural context.	2	Active and Interactive Video Projection
10.-Communication and Medical Ethics ▪Discussing ethical dilemmas with patients and families; applying ethical principles in communication.	2	Active and Interactive Video Projection
11.-Communication in Medical Law ▪Informing patients about their rights; handling informed consent effectively.	2	Active and Interactive Video Projection
12.-Conflict Management in Medical Settings ▪Identifying conflict sources; communication-based conflict resolution techniques.	2	Active and Interactive Video Projection
13.-Communication in Genetic Counseling ▪Addressing sensitive topics related to genetic conditions; providing emotional support.	2	Active and Interactive Video Projection



14.-Evaluation and Feedback in Medical Communication ▪Methods for self- and peer-assessment; the role of constructive feedback.	2	Active and Interactive Video Projection
Mandatory Bibliography:		
1.-David, D., Popa, C., Sava, F. <i>Cognitive and Behavioral Therapies in Personality Disorders</i> , Editura Trei, Bucharest, 2018		
2.-Dispenza, J. <i>You Are the Placebo</i> , Editura Act and Politon, Bucharest, 2016		
3.-Hamilton, D. <i>How the Mind Can Heal the Body</i> , Editura Niculescu, Bucharest, 2017		
4.-Hogea, L., Nussbaum, L., Simu, M., Enătescu, V. <i>Psychology and Behavioral Sciences in Medical Practice</i> , Editura ArtPres, Timișoara, 2018		
Optional Bibliography:		
1.-Irena Chiru. <i>Interpersonal Communication</i> . Editura Tritonic, 2018.		
2.-Adrienne Von Speyr. <i>Doctor and Patient</i> . Editura Galaxia Gutenberg, 2022.		
3.-Lucian Josan. <i>The Doctor-Patient Relationship</i> . Editura Institutul European, 2018.		
4.-Sever Cristian Oana. <i>The Doctor-Patient Relationship in Medical Practice</i> . Publishing All, 2021		
8. 2- Laboratory (themes, number of hours, bibliography)	hours /week	Teaching methods
1.-Simulated Patient Interview ▪Practical exercises; feedback and group reflection.	2	Interactive lecture
2.-Managing Difficult Consultations ▪Role-playing complex scenarios; analyzing responses and outcomes.	2	
3.-Communication in a Multidisciplinary Healthcare Team ▪Case studies; identifying roles and optimizing collaboration.	2	
4.-Communicating with Patients with Special Needs ▪Approaches for individuals with disabilities; adapting language and tone.	2	
5.-Discussing Medical Test Results	2	



<ul style="list-style-type: none"> ▪Simulating result disclosure; managing patient reactions. 		
6.-Communication in Emergency Situations <ul style="list-style-type: none"> ▪Practicing rapid and effective information delivery; prioritizing key messages. 	2	
7.-Communicating with Elderly Patients <ul style="list-style-type: none"> ▪Techniques suited to age-related needs; addressing cognitive and emotional concerns. 	2	
8.-Communication in Prenatal Counseling <ul style="list-style-type: none"> ▪Providing information to expectant parents; offering emotional support. 	2	
9.-Communication in Postnatal Counseling <ul style="list-style-type: none"> ▪Addressing post-delivery challenges; supporting adaptation to parenthood. 	2	
10.-Communication in Palliative Care <ul style="list-style-type: none"> ▪End-of-life discussions; supporting the patient and family with compassion. 	2	
11.-Effective Use of Nonverbal Communication in Clinical Settings <ul style="list-style-type: none"> ▪Understanding body language, tone, facial expressions; improving clinical rapport. 	2	
12.-Medical Interview Techniques for Sensitive Topics <ul style="list-style-type: none"> ▪Discussing mental health, abuse, addiction; ensuring patient comfort and trust. 	2	
13.-Communicating with Pediatric Patients and Families <ul style="list-style-type: none"> ▪Age-appropriate explanations; involving families in care decisions. 	2	
14.-Feedback and Reflective Practice in Communication Skills <ul style="list-style-type: none"> ▪Peer feedback, reflective journaling; identifying personal improvement areas. 	2	
<p>Mandatory Bibliography:</p> <p>1.-David, D., Popa, C., Sava, F. <i>Cognitive and Behavioral Therapies in Personality Disorders</i>, Editura Trei, Bucharest, 2018</p> <p>2.-Dispenza, J. <i>You Are the Placebo</i>, Editura Act and Politon, Bucharest, 2016</p>		



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Optional Bibliography:

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9.-Corroborating/validating the contents of the discipline with the expectations of the representatives of the epistemic community, professional associations and employers representative of the field related to the program

The contents of the discipline are in accordance with the RNCIS standards.

10.-Evaluation

Activity Type	10.1-Evaluation criteria	10.2-Evaluation methods	10.3- Weight of the final grade
10.4-Curse	<i>knowledge of the terminology used in communication the ability to recognize and use the concepts presented appropriately</i>	Written exam, 3-4 subjects, limited time (60 min) - covering the entire subject of the semester.	50%
10.5- -Seminar /laboratory	<i>Acquiring some fundamental elements in communication</i>	Presentation of individual work Attending seminars as well as active participation	40% 10%
10.6 -Minimum Performance Requirement			
<ul style="list-style-type: none"> ▪Correct use of communication methods to facilitate open and honest dialogue with patients. ▪Implementation of collaborative relationships and mutual respect with other healthcare professionals. 			



Date: 15.05.2025	Signature of the discipline coordinator:  Lect. Dr. DALAS Ecaterina , MD, PhD	Holder of the seminar activities: Lect. Dr. DALAS Ecaterina , MD, PhD 
Date of approval in the Department		
Signature of the Director of Department		

Reprezentant legal F.D.M.
Presedinte
Prof. Univ. Dr. POSTĂVARU Nicolae
